

Make HST a Part of your Patient Services

Make this test available for your patients from your office. We provide equipment and expertise.

Your patients will pick up the HST kit from your facility and take the test in the convenience of their homes.

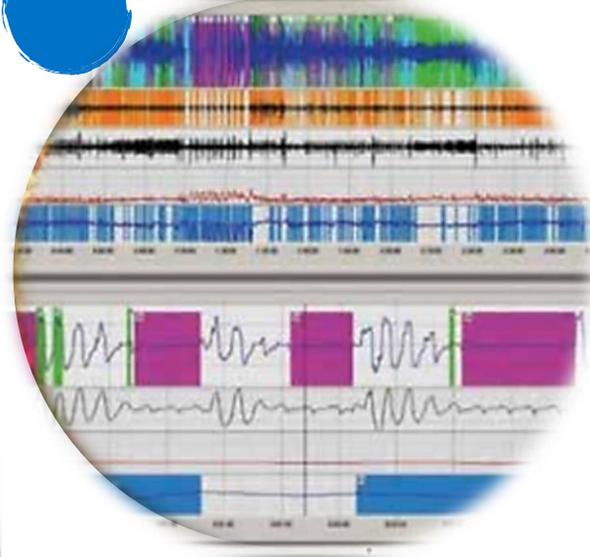
Apex Apneapath team will then analyze and interpret the studies. All studies are read by a board-certified sleep doctor. You manage treatment as needed based on the results.

Apneapath: Your Reliable Partner in Home Sleep Tests

With over a decade of experience in conducting sleep studies in nationally accredited sleep centers as well as facilitating nationally accredited sleep training programs, the Apex Apneapath team will make sure your HST program meets the highest standard of care.



"80 percent of the cases of moderate to severe obstructive sleep apnea are undiagnosed."



Apex
Sleep Services

Apneapath



Home Sleep Tests

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According to the National Sleep Foundation, over 18 million American adults have Sleep Apnea, the most common of which is Obstructive Sleep Apnea (OSA).

It is believed that only about 20% of people with OSA seek treatment, leaving the majority of OSA sufferers undiagnosed.

Why Test for Sleep Apnea?

Obstructive Sleep Apnea, or OSA, occurs when the muscles of the throat relax and the airway collapses during sleep, affecting breathing and interrupting sleep. Untreated OSA is associated with medical problems like hypertension and diabetes.

The Home Sleep Test

Designed specifically for ease of use at the patient's home, the home sleep test measures five channels – respiratory effort, pulse, oxygen saturation, nasal flow and scoring.

How do we set up the Program?

It starts with a one hour visit to deliver the HST equipment, orient your team and install the software on your computer.

Once set up, **WE** do the following for each patient identified:

- Verify eligibility
- Schedule the patient according to your staff availability.
- Score the data after the study
- Have the results interpreted by a board-certified Sleep Specialist
- Send you the results and call the patient to advise them

How does it Work?

Designed for quick and easy setups, the portable kit fits in a small bag a few ounces in weight. Patients pick up the kit at a designated time and return after the study.

Your Team

Pre-screen Patient & Order Testing

Prep Equipment & Orient Patient

Home Study

Transfer Data

Bill Insurance

ApneaPath

Verify Benefits

Request Pre-Authorization (if needed)

Schedule Patient

Score

Interpret

Call Patient with Results

